

ADDICTION_RESOURCES

COMMUNITYFACE-TO-FACE, TELEPHONE AND INTERNET-BASED SUPPORT GROUPS / MEETINGS:

- **ALCOHOLICS ANONYMOUS** www.simeetings.com/LA/ID/BoiseMtgs.html
 - **ATHEISTS, AGNOSTICS AND ALL OTHERS-** Unitarian Universalist Fellowship 6200 Garrett St. Boise, ID 83714 Tuesday 7:00 p.m.
 - **SMART RECOVERY** face-to-face meetings, online meetings, online message board, and 24/7-chat room
<http://www.smartrecovery.org>
-

-**NPR Fresh Air Podcast** on 4/3/13 *A father Tells The Story of His Son's Struggle To Stay Clean.*
7/8/16 *Why Tough Treatment Doesn't Help Drug Addicts.*

-**YouTube: Dr. Gabor Mate** has several videos of interviews and conferences. He is a brilliant and interesting man to watch. Also, the author of several books including- *In the Realm of Hungry Ghosts* by Gabor Mate

Books:

Unbroken Brain **Maia Szalavitz**

Breaking Addiction, by Lance M. Dodes.

The Will Power Instinct, by Kelly McGonigal, Ph.D.

Addiction And Grace Love And Spirituality In The Healing Of Addictions Addiction And Grace. by May, Gerald G. M.D.